



SUNSET NEWS

SUNRISE LAKE OUTDOOR EDUCATION CENTER

December 2015 to January 2016



WINTER ARRIVES AT SUNRISE LAKE!



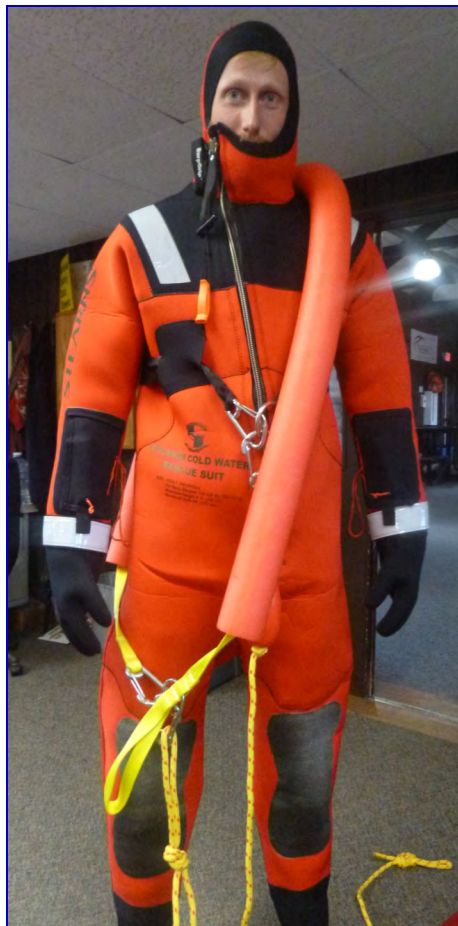
Preparing the sledding hill for the change of season!



Miner School students place straw bales beside the new sledding hill stairs.

A "THANK YOU" goes out to these hard-working students for creating a safer path to the top of the sledding hill for all visiting students to enjoy this winter.

NSSEO Staff practice ICE RESCUE procedures



SECURING THE VICTIM & RETURNING TO SAFETY



ICE MANUAL AND RESCUE PROCEDURES UPDATED

On January 11th, SLOEC staff held the second annual Ice Rescue Training on an ice-covered lake at Sunrise. The nine participants included fulltime and substitute staff who may be working on a typical student day. The training included an ice rescue drill and participants practiced emergency procedures with specific responsibilities as outlined in the SLOEC Ice Manual. The ice rescue suit enabled trainees to walk safely out on the ice, get into the water and practice rescuing a “victim” that had fallen through the ice. In an emergency situation, an ice rescue would take place after 911 had been called and fire/emergency medical personnel were in route to Sunrise. Time is critical and an immediate rescue response is extremely important in an emergency situation. Thank you drill participants for “braving the cold” to keep Sunrise Lake visitors safe !!

Sunrise Lake Outdoor Education Center Mission Statement



To provide visionary leadership in the field of experiential learning that focuses on improving outcomes for all students.

NSSEO's SECOND ANNUAL WINTER WONDERLAND SUNRISE LAKE OUTDOOR EDUCATION CENTER SUNDAY, FEBRUARY 21, 2016 12PM-4PM

Mark your calendars! All NSSEO and District Students, Staff, Board Members and Families are invited. Winter Wonderland will include a variety of indoor and outdoor experiences. Enjoying Mother Nature at her finest! We look forward to sharing a FUN day with you! Registration is available through NSSEO's Professional Development webpage.



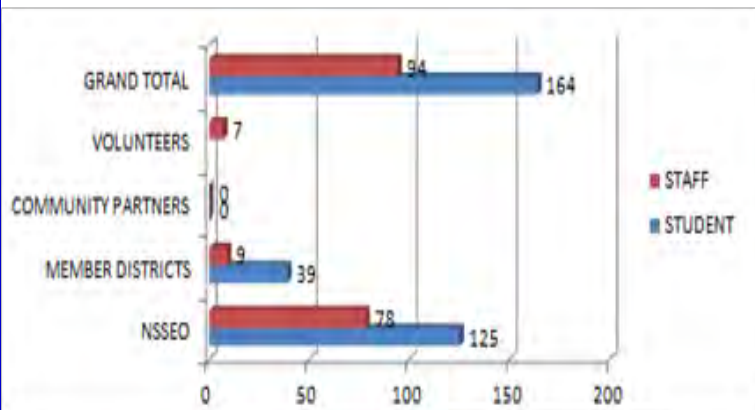
Timber Ridge December Day at Sunrise

Sunrise welcomed Timber Ridge School on December 10th! Student groups played broomball, made ice candles, light chains, went on an Indian trail hike...and the list goes on! In addition, the staff and students found time to help Sunrise Lake practice our lockdown drill. A quote from the Bartlett and DuPage County Sheriff Departments that attended the drill said "the student and staff participation was exceptional!"

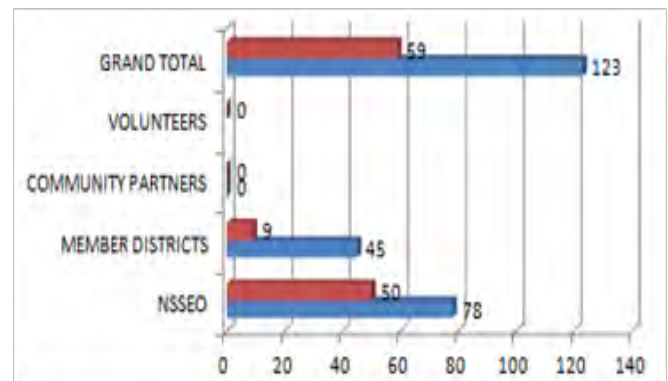


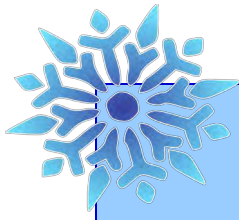
Participants at SLOEC

December 2015

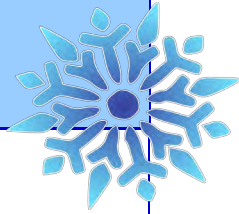


January 2016





WINTER SEASON - FUN FACTS



- The **MOST SNOW** to **FALL** in a 24-hour period in the United States is 75.8 inches. It happened in 1921 when over six feet of snow fell between April 14 at 2:30 p.m. and April 15 at 2:30 p.m. in Silver Lake, Colorado.
- The **LARGEST** single snowstorm on record lasted 5 days in Alaska in 1955 and left more than 141 feet of snow!
- The world's **BIGGEST SNOWFLAKE** fell on January 28, 1887, in Ft Keogh, Montana. It measured 15 **INCHES** across and 8 **INCHES** thick!
- The average snowflake falls at a speed of 3.1 **MILES PER HOUR**.
- The record for most **SNOW ANGELS** made at one time was set in Ontario Canada, 2004 when a couple of schools joined together to create 15,851 **SNOW ANGELS**!
- The **TALLEST SNOWMAN** ever built measured 113 ft. 7 in. tall and was named "ANGUS."
- The **TALLEST SNOWWOMAN** was built by residents of Bethel, Maine, USA, and measured 122 feet, 1 inch tall. She was built over a one month period and was completed on the 26th of February, 2008.
- Each winter in the USA, at least 1 **SEPTILLION ICE CRYSTALS** fall from the sky. That's 1,000,000,000,000,000,000,000—24 zeros!
- **IGLOOS** can be more than 100 degrees warmer inside than outside. Since fresh, compacted snow is approximately 90 to 95 percent trapped air (meaning it can't move and transfer heat) it's a great insulator. Many animals, such as bears, dig deep holes in the snow to hibernate through the winter.
- The **LARGEST SNOWBALL FIGHT** on record took place in Seattle. Exactly 5,834 snow fighters came together to exchange frozen barrages and created the largest snowball fight in the world on January 12, 2013.

Snow has never been reported in Key West, Florida. The coldest temperature on record was reached on January 13, 1981, and January 12, 1886. 41 degrees!

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