

# Little City Foundation

Adult Programs and Services

NSSEO 4-16-19

Little City is dedicated to creating a healthy and stimulating balance of work, educational experiences and recreational opportunities for all individuals with intellectual and developmental disabilities.

The adults at Little City participate in a wide range of programs and flourish in settings that support their specific needs.

Our Community Day Services provide adults with activities enabling them to become more independent, productive and integrated into the community.



### LCF Adult Engagement Array

(non residential)

- Special Olympics
- Socialization & Recreation
- Fine Arts
- Horticulture
- Life Skills
- Advocacy
- Employee Development



#### **Community Day Locations**

- Countryside Center: 2360 Palmer Drive, Schaumburg
- Main Campus: 1760 West Algonquin Road, Palatine
- ► Lakeside Center: 1301 South Lewis, Waukegan
- ► TBD DuPage County 2020



## Countryside Center

- Golden Opportunities
- New Horizons
- ► Life Skills
  - ► Multiple Course Offerings
- ► Employee Development Services
- Clinical Services







#### Main Campus

- Life Skills
  - ► Multiple Course Offerings
- ► Employee Development Services (merging with Countryside Center, May 2019)
- Autism Spectrum Engagement
- Horticulture
- Center for Fine Arts





#### Lakeside Center

- Golden Opportunities
- New Horizons
- Life Skills
  - ► Multiple Course Offerings
- ► Employee Development Services
- Clinical Services







#### Basics

- ► Adult offerings fall under the umbrella of Community Day Services
  - Overseen by the Department of Human Services Division of Developmental Disability
- Individuals are eligible for adult services at age 18
- Independent Service Coordination Agencies (ISCs)
  - Gatekeepers to Providers
  - Service Planning
- Most individuals are funded through either:
  - Community Integrated Living Arrangement (CILA)
  - ► Home and Community Based Waiver (HCBS)
  - PUNS?





#### Accessing Services

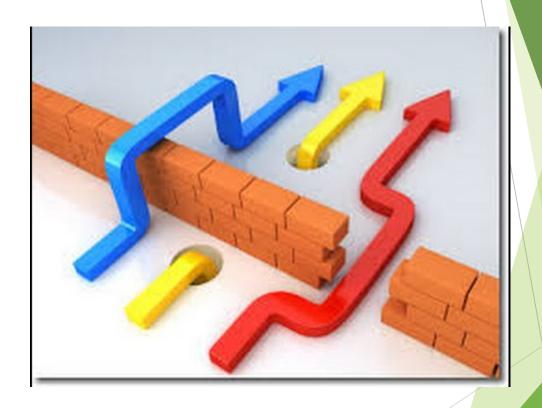
- ► Referral to Community Day Services
  - ► ISCs send packet (assuming funding is in place)
  - Packet reviewed by LCF Intake Committee
    - ► Composed of department representatives
  - Recommendations & Follow-up
  - Trail Visits
  - Admission
  - On-going assessment, evaluation and benchmarking
  - "Wait List"??





### **Typical Barriers**

- ► Funding
- ► Transportation
- ► Enhanced Supports
- Misaligned Goals
- ► Intermittent Attendance





#### Co-occurring Services

## Employment!!

Many individuals exiting from transition have had at least some exposure to work

Funded through the Division of Rehabilitation Services (DRS).....

Little City's Employment First Division is able to provide a host of employment related supports These go above and beyond what is available through Community Day Services

job development resume honing placement

coaching interviewing orientation

employer engagement exploration follow-along



## LCF Adult Engagement Array

(residential)

- Community Integrated Living Arrangements (CILAs)
- Community Living Facility (CLF)
- Supported Living Arrangement (SLA)
- Intermittent CILA

While each program has similarities, the intended goal and life experience of each is very different



## Little City Living Array

#### CILA

- Arlington Heights (x2)
- Palatine (x2)
- Mundelein
- Roselle
- Schaumburg (x2)
- Hanover Park (x4)
- Streamwood
- Hoffman Estates

24/7, 365 - Enhanced Support

#### CLF

- Palatine
  - 2 Buildings
  - 2 Units per building
  - ▶ 8 Residents per Unit
  - Many individuals maintain p/t employment



24/7, 365 - Tapered Support

## Little City Living Array

#### SLA

- Palatine
- ▶ 1 Building
- ► 16 Private apartments

#### Intermittent CILA

- Various Locations
- Individuals receive reduced but targeted supports in their home

Case management supports

Case management supports



### LCF Adult Engagement Array

(residential)

#### <u>Program Oversight - Structure</u>

Chief Program Officer

**Assistant Director** 

**Operations Manager** 

Senior Services Manger

6 Blocks - Each has a Lead Manager & Assistant Manager





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