

Practical Solutions for Everyday Concerns

Confidential Counseling

- Anxiety
- Depression
- Emotional Health
- Effective Communication
- Family/Relationship Difficulties
- Grief
- Life Transitions
- Parenting Concerns
- Stress
- Substance Abuse

Work-Life Balance

- Adoption Resources
- Career Transition Resources
- Child Care Options
- Education Resources
- Health/Wellness Information
- Home Health Care Services
- Home Maintenance
- Parenting Resources
- Pet Care Services
- Senior Housing Options

Legal-Financial Fitness

- Bankruptcy
- Credit Report Review
- Debt Management
- Divorce/Custody Issues
- Estate Planning/Will Preparation
- Financial Counseling
- Financial Planning Resources
- Foreclosure
- Identity Theft Recovery
- Real Estate
- Small Claims

RESPONSIVE

Professional counselors are available to speak with you. Our team of caring professionals helps clarify the nature of your concern and presents the best options available to meet your needs.

CONFIDENTIAL

Your confidentiality is protected by federal and state law as well as our professional ethical standards. With very limited exceptions, disclosure of information to any source without prior written consent is prohibited.

24/7 ACCESS

Support is available 24 hours a day, 7 days a week by calling our toll-free number: **877.215.6614**

ELIGIBILITY

Workplace Solutions' services are available to eligible employees and their dependents, as well as the eligible employee's household members.

COST

There is no cost to you or your eligible family members to utilize Workplace Solutions services.

WE GOT THIS.

Log in to the **Workplace Solutions portal** at **www.wseap.com**.

Enter your organization's access code.

Gain access to hundreds of resources including:

- Webinars On Demand
- Work-Life & Legal-Financial resources
- LifeSpeak On Demand video resources
- iConnectYou app

EMPLOYEE SERVICES

Enter access code

Log in

HR PROFESSIONAL

Enter access code

Log in

iConnectYou

Enter access code

Download the app from the App Store (iOS) or Google Play Store (Android).